

Weekly Menu

WEEK OF: _____

M



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S

S

GROCERY LIST

PRODUCE

FROZEN

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

BAKING

REFRIGERATED

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

SHELVES

MISCELLANEOUS

_____	_____
_____	_____
_____	_____